



Complete and Balanced Raw Canine Recipe
 Beef and Poultry
 1000 Calories
 Yields 815 grams per day

INGREDIENTS

ITEM	AMOUNT	
Turkey, ground, 93% lean, 7% fat, raw	315	grams
Beef, ground, 93% lean, 7% fat, raw	250	grams
Egg, chicken, whole, boiled, no shell included	1	each
Chicken heart, raw	45	grams
Beef liver, raw	17	grams
Broccoli, cooked, boiled, drained, no salt or fat added, puréed	30	grams
Butternut squash, cooked, no salt added, puréed	40	grams
Pumpkin, canned, plain, puréed	25	grams
Blueberries, from frozen, unsweetened, puréed	30	grams
Calcium Carbonate (Suggested NOW Calcium Carbonate)	1650	mg
Iodine (Suggested NOW Kelp Powder)	250	mcg
Magnesium (Suggested NOW Magnesium Bisglycinate Powder)	40	mg
Manganese (Suggested Bulk Supplements Manganese Gluconate)	2	mg
Vitamin D3 (Suggested Rx Pet Vitamin D3)	240	IU
Vitamin E, d-alpha tocopherol (Suggested Solgar Vit. E Mixed Tocopherols)	240	IU
Nordic Naturals Omega-3 Pet Fish Oil	1	tsp
Bragg's Nutritional Yeast	5	gm



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INSTRUCTIONS

- All meat in this recipe should be served raw unless otherwise indicated.
- Practice safe food handling techniques including washing of hands before and after handling raw meat. After cutting raw meats, wash all surfaces and food preparation utensils with hot, soapy water. Serving dishes should also be cleaned in hot, soapy water.
- Pre-portion and freeze any food you don't plan to feed within 72 hours. Food that has been frozen is best offered up to 3 months for optimal nutrition.
- For frozen storage longer than two weeks, add 150–200 IU of vitamin E (d-alpha-tocopherol) per pound (454 grams) of food. **Mix well** into food to preserve the batch.
- For optimal nutrition, add supplements at time of feeding. Fish oil or other sources of omega-3 fatty acids should also be added at time of feeding.
- All vegetables should be thoroughly cooked without added fat or salt. Drain excess water. Purée in food processor for digestibility and bioavailability. Fruits should also be puréed.
- For supplements requiring minute amounts, please visit FreshforFido.com for suggestions on how to measure and incorporate for daily recipe preparation.
- For vitamins and minerals, please read product label information for correct dosing. If you need assistance, please contact me.

NUTRIENT ANALYSIS

MACRONUTRIENT ANALYSIS		MINERALS		
Composition	Dry Matter	Mineral	Min/Max Requirement*	Recipe
Protein	60.94%	Calcium	1.25/6.25	1.8
Fat	27.25%	Phosphorous	1/4	1.35
Ash	3.65%	Ca:P	1:1/2:1	1.33:1
Fiber	2.22%	Recipe makes:	Food for one day	
Net Carbs	5.93%	Amount per day:	1000 calories/815 g	
Omega-6:Omega-3	5.16:1	Moisture content:	73.53%	

Disclaimer: It is the recipe user's responsibility to determine the value and quality of any recipe as well as instructions provided for food preparation and safety. In order to achieve complete and balanced recipes all ingredients (with the exclusion of fruits/vegetables/fish oil)* must be included in the recipe. The recipe user understands the potential risks of raw feeding. This recipe is appropriate for **healthy adult dogs only**.

*Fruits, vegetables and fish oil are not considered essential ingredients. However, research indicates these foods provide benefits for optimal nutrition and health and are highly recommended components of a canine diet. These ingredients are included in the daily caloric content of this recipe.